



Racer Update # 1
May 16, 2006

Gear List Changes

Please visit the gear list (<http://www.cpadventures.com/adventure24/gearlist.htm>), there have been several changes since the original list was posted. You will see the date at the bottom of the list and it should read: 4-20-2006. If it does not, please refresh the page or clear your browsers' internet cache.

Team Slots Still Left

There are still some slots left for the race. Please spread the word to all you AR friends and adventure junkies alike. Registration deadline is May 31st, 2006. Thank you for helping spread the word!

Race Registration Late Penalty

If you are late to race registration you will incur a 10 minute penalty for every minute you are late. We don't want to have anyone start in the hole before the race even starts but you will if you are late. Thank you for being prompt.

Maps

The race maps DO NOT have grid lines on them. You will need to draw them on the maps. I strongly suggest you bring some type of straight edge to draw these lines on the map. Without them your plots could be off significantly.

Need Volunteers

We are still in need of volunteers for all parts of the race: race registration, TAs, and CPs. Our volunteers receive race swag, future race credit, food, and an exciting time in an absolutely gorgeous area. If you know of anyone who might be interested have them contact me.

Items to bring to registration

Please remember to bring \$8 cash per person for the USARA one day license or \$35 if you choose to purchase a yearly license. Those with a current yearly license just need to bring their membership card.

Please also be prepared to show us a credit card for the deposit on the race radio. Nothing will be charged to the credit card unless the radio suffers damage while in your possession.

Team Rosters

If you have registered with an incomplete roster or changed racers, please provide me with an updated roster.

Paddling

Each team should know how to self rescue their boat should they capsize. The paddling section(s) will include flat water and class I-II rapids. Please practice this skill before the race.

Sponsors

I would like to thank the following companies for their support of the Adventure24 AR. Please show your support as well by thinking of them when you make your next AR related purchase.

Tecnu Extreme
Hammer Nutrition
Snow Pack
Zanfel
Road ID
Chamois Butt'r
Sports Shield
Turbo Truffle
Terrapin Beer Co
MaraNatha
Burt's Bees
Maxxis
Mytopo

If you have any questions about the race please contact me. We are looking forward to an exciting race and we know you are as well. Thank you for being a part of the Adventure24 Adventure Race. Update # 2 will come in about two weeks.

See you soon,

Kevin
RD, Adventure24